

ONLY
3
DAYS REMAINING!

Your Must-Know Guide to Healthful Herbs and Spices

See important do's and don'ts when it comes to using herbs and spices to enhance your overall health and wellbeing. In particular, an ancient spice called turmeric contains special compounds that help support many of your body systems.*
Get FREE SHIPPING on your ENTIRE ORDER!

Articles

Insights on Multiple Sclerosis

There are an increasing number of safe, effective and exciting treatments for this previously "hopeless" disease.

Is Bottled Water Really Pure?

The water in your expensive bottled water may come from a surprising source, and contain more than you bargained for.

Barefoot Running May Be Better For You

Should you ditch your running shoes and hit the trail with bare feet instead?

A Misunderstood Skin Condition Sweeping the Baby Boom Generation

Finally, some answers and natural treatment options for this common and chronic skin condition.

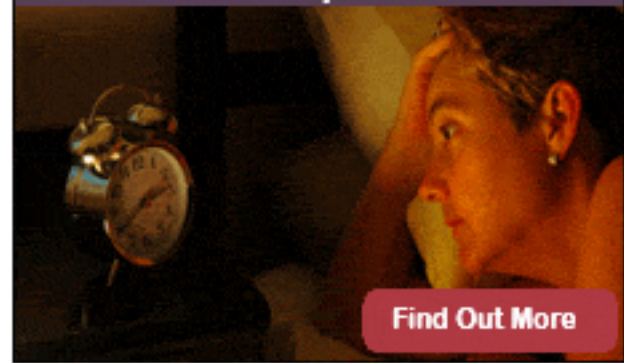
How Large is a Petabyte?

You won't believe what computers will soon be able to do.

Scariest Water Additive Ever -- Are YOU Drinking It?

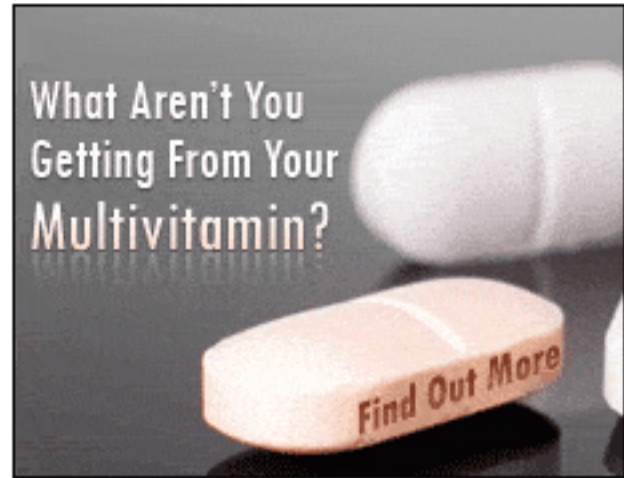
Don't miss this FREE full-length expert audio interview discussing the many dangers of fluoride.

*All stressed out
over sleep issues?*



[Find Out More](#)

What Aren't You
Getting From Your
Multivitamin?



[Find Out More](#)

Health Resources

Call Toll Free. US Number: **877.985.2695** Int'l Number: **847.252.4355**



Why Does Your Stomach Fail at Digestion?

Do you occasionally experience bloating, gas or indigestion... or avoid certain restaurants or food so you don't pay a penalty for it? Then take this quiz to discover how you can improve your digestion...



Warning: Could Your Skin Care Products Be Toxic?

As your body's largest organ, your skin not only provides a barrier of protection from outside threats -- it also reflects the state of your overall health. Unfortunately, most skin care products contain potential toxins that could be absorbed into your bloodstream and right into your tissues. Good news! Here's the new healthful, USDA certified organic skin care solution that will have people talking about how young and vibrant you look.



What's Your Smartest Drinking Water Option?

Drinking pure and clean water is one of the most important principles of good health. If you don't know these important facts about how to optimally use your filter you will not be getting the best water possible. These tips are useful for nearly any water filter.



Get up close and personal with me as I tweet about everything from current health issues to everyday tips for a better life!

[You can Follow me on Twitter here](#)

facebook

Are you on Facebook? Connect with me and learn what's new with my social network and with fellow health enthusiasts.

[Dr. Mercola on Facebook](#)

[View All Products](#)

[100% Satisfaction Guarantee](#)



SPECIAL EVENTS

August 4th, 2009

Calling All Vitamin D Enthusiasts in Washington DC!

The Institute of Medicine's committee to review the Dietary Reference Intakes for Vitamin D and Calcium is holding an Open Public Workshop on August 4, 2009. Get involved and let your opinion be heard about the importance of vitamin D!

[Discover More and Register](#)

Dr. Mercola Speaking Events



Does Science Really Back the Promise of 'True Health through Vaccines'?

Your life may depend on what you know about this topic, especially with the push for government-mandated vaccines. In just one weekend in October you can gain valuable insight about all the emerging facts on this hot topic.

Employment Opportunities

I Need Your Help In Finding A Highly Qualified Physician to Join My Center!

I am seeking a licensed medical physician with a passion for natural health to join me. If you are a physician, please read on for an exciting opportunity.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



[Subscribe Now!](#)



[Unsubscribe](#)